



★ PERSONAL

Name	: Subindra Adhikari (Mr.)
Profession / Type	: Experienced Trekking Guide
Office location	: Chaksibari Marg 29,Thamel, Kathmandu, Nepal
Expertise	: Recognized Professional Independent trekking guide for various regions of Nepal
Destination Experiences	: Everest Regions, Annapurna Regions, Langtang Regions, Ganesh Himal, Manaslu Himal, World Heritage sites, National Parks like Chitwan and other adventures such as Rafting.
Contact	: 9841813282(Mobile) / info@subindra.com / subindra42@hotmail.com

★ EDUCATION + PROFESSION

①	Bachelor in History and Political Science	2009 (Completed)
②	Marine Medical Clinic (Seafarer's Training Institute) Shahid Bhagat Singh Road, Fort, Mumbai- 400 001, India Personal Survival Techniques Training	2008
③	Marine Medical Clinic (Seafarer's Training Institute) Shahid Bhagat Singh Road, Fort, Mumbai- 400 001, India Elementary First Aid Training	2008
④	Marine Medical Clinic (Seafarer's Training Institute) Shahid Bhagat Singh Road, Fort, Mumbai- 400 001, India Personal Safety and Social Responsibility Training	2008
⑤	Marine Training Acedemy, Udyog Bhavan, Sonawala Lane, Goregaon(E), Mumbai- 400063, India Fire Preventing and Fire Fighter Training	2008



6	Annapurna Vision trekking Pvt. Ltd., address, Kathmandu Worked as a trekking guide.	2003-2004
7	Encounters Nepal Pvt. Ltd., Thamel Marg, Kathmandu Worked as a trekking guide.	2005-2007
8	Himalayan Spirit Adventure Pvt. Ltd., Chaksibari Marg 29, Thamel, Kathmandu Worked as a trekking guide.	2008-2010
9	Visit Nepal Trekking Expediton Pvt. Ltd., address, Kathmandu Worked as a trekking guide.	2010(March- Dec)
10	Himalayan Spirit Adventure Pvt. Ltd., Chaksibari Marg 29, Thamel, Kathmandu Worked as a trekking guide.	2011 (Jan To Present)

★ SERVICE SKILLS

★ PERSONAL SKILLS

	good	perfect		good	perfect
Everest Regions	★★★★★★		English Speaking	★★★★★★	
Annapurna Regions	★★★★★★		Team Work	★★★★★★	
Other Mountain Destinations	★★★★★★		Internet & Communication	★★★★★★	
Wildlife Destinations	★★★★★★		Networking	★★★★★★	
Guided Walking Tours	★★★★★★		Honesty	★★★★★★	



Thank you for reviewing my Trekking Portfolio. Please do not hesitate to contact me, especially if you are travelling to Nepal. You are already welcomed

Yours Truly,

Subindra Adhikari

